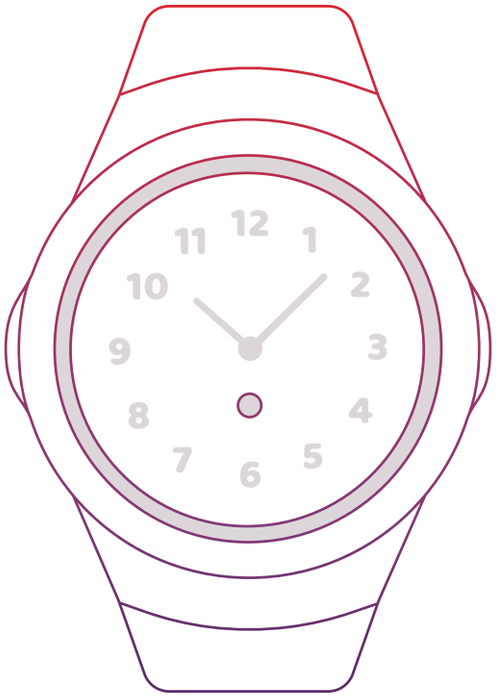
MGMove



The ultimate smartwatch with built-in life safety capabilities

Powered by **4G LTE**

Product details

A **SOS button** (red)

Press and hold for 5 seconds to make an emergency call. A quick press here can also be used to take you back to your previous screen.

B **Sleep/wake button** (black)

Press and hold for 20 seconds to reboot system if needed. When the device is out of battery and placed on the charging cradle, it requires a 20 second press on this button to boot up.

C **Adjustable wristband**

The metal clasp and rubber wristband work together to provide the perfect fit. **You must unlatch the wristband to charge your device.**

D **Signal dot indicator light**

On the clock screen, there will be a dot that represents your signal strength. This will show as green (good signal), yellow (ranging from good to poor signal), or red (no signal).

E **Battery light status**

When you place your smartwatch on the charging cradle, the light will show your charge status. This will show as green (full charge), yellow (not charging/adjust cradle), or red (under 97% charge).

What’s in the box

MG**Move**

Charging cradle

Charging brick & USB cable

Core features

Your device is full of useful features that you can access with the swipe of your finger. To access your apps, tap the watch face.

Call is being placed

Call in progress

Reporting an emergency SOS

The SOS app is one of two ways to activate the device to get help from our Monitoring Center. Tap the SOS icon to initiate help. You can also press and hold the physical red SOS button on the side of the MGMove for 5 seconds *(be sure to hold for the entire countdown)*. In the event of a false alarm, you can cancel the alarm within the 5 second window.

Testing in progress

Step counter

Weekly view

Test

The test app should be pressed at least once a month to ensure that your device is operating correctly in the event of an emergency. You can test your device with an automated recording rather than sending an actual alarm to an agent. Your device will indicate that the test call was successful.

Steps

The steps app tracks the number of steps taken daily and weekly. To view your weekly results, select “week” and scroll down to view your steps for that week. To set your goal, click on the settings button within the steps app and tap + or -. The reset option can be used to set your goal back to 0. Once the goal has been adjusted, press the (red) back button to get back to the main screen.

Weather

Watch face options

Powering down

Weather

The weather app will use the current location of your device to display the current conditions.

Settings

Here you can change your watch face style or update your **shake to wake** preference. To change your watch face, tap the “watch face” option. Swipe to the watch face of your choice and tap it. The tap will save your selection. Tap the SOS button to go back. **Shake to wake** is defaulted to off. Turning **shake to wake** on may decrease your battery life.

Power down

The power down app will turn off your device. When the power down app is used, the device requires a 5 second press on the black button or cradling to power back on.

Support circle apps

If you would like to purchase these additional apps for your device, call **1 (800) 313-1191**.

Review all upcoming events for the day

Reminders

Reminders created in our online customer portal can be sent and reviewed by the care recipient. The wearer will get an alert that the event was sent. Reminders are sent 15 minutes before the event unless otherwise specified.

They can be reviewed at any time of the day by tapping the reminders icon. The number badge displays the amount of upcoming reminders for the day. You can scroll through your events for the day and they will reset the next day.

Send new message

Messages queue

Respond or delete

Messages

The messages app gives caregivers the ability to communicate with the wearer via our online customer portal and app. The messages app icon displays the number of queued messages. Tap the messages icon to start.

Sending a new message

Care circle members must be set up through the portal to be able to receive messages from the wearer. To send

Recording message

Review, retry or send

New message alert

a new message, the wearer will tap the initials of the portal member they want to send a message to. The wearer will be given the option to record a voice message or use a pre-scripted statement.

Reviewing message queue

To view queued messages, (*messages that have not been deleted or responded to*) tap the center messages icon. Swipe back and forth to preview messages.

Message responses

When viewing incoming messages the wearer can **read** or **play** their message, then **respond** or **delete**. Responses from the wearer can be returned to the sender as a **yes**, **no**, or the option to leave an audio recording of 60 seconds

or less. In the event of a recording, they will have the option to **review**, **re-record**, **send**, or **cancel** the message.

New message alerts

When a message is first received, it will make an alert sound and display a message preview screen. The wearer can tap on the **view messages** icon to read the message in full.

Battery life & signal strength

NOTE: To view your battery percentage, slide your thumb from the top of the clock screen down to the bottom of the screen *(shown to the right)*. The expected battery life lasts up to 24 hours.

Lights	**Battery light status** *(on cradle)*	**Signal strength** *(on watch face)*
Green	Full charge	Good
Yellow	Not charging / adjust cradle	Range from good to poor
Red	Under 97% charge	No signal

Customer service

Have questions about your device?

Scan the QR Code below with
your phone camera or visit:
medicalguardian.com/support/

If you need additional assistance, our Customer Care team can be reached at **1 (800) 313-1191**.

Monday-Friday, 9AM-8PM EST
and Saturday 9AM-5PM EST.

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